

Competition Programme

Day 1	Day 2	Day 3
100 Freestyle M/F (S1-14) 50 Backstroke M/F (S1-5) 100m Breaststroke M/F (SB4-9, 11-14) 50m Butterfly M/F (S2-7) Mixed 4x100 Medley S14 Relay Mixed 4x50 Medley 20pt Relay	200m Freestyle M/F (S1-5, S14) 100m Butterfly M/F (S8-14) 50m Breaststroke M/F (SB1-3) 200 IM M/F (SM4-14) Mixed 4x100 Freestyle 34pt Relay	100m Backstroke M/F (S1-2, 6-14) 50m Freestyle M/F (S1-13) 400m Freestyle M/F (S6-14) 150 IM M/F (SM1-4) Mixed 4x100 Freestyle S14 Relay Mixed 4x100 Medley 34pt Relay